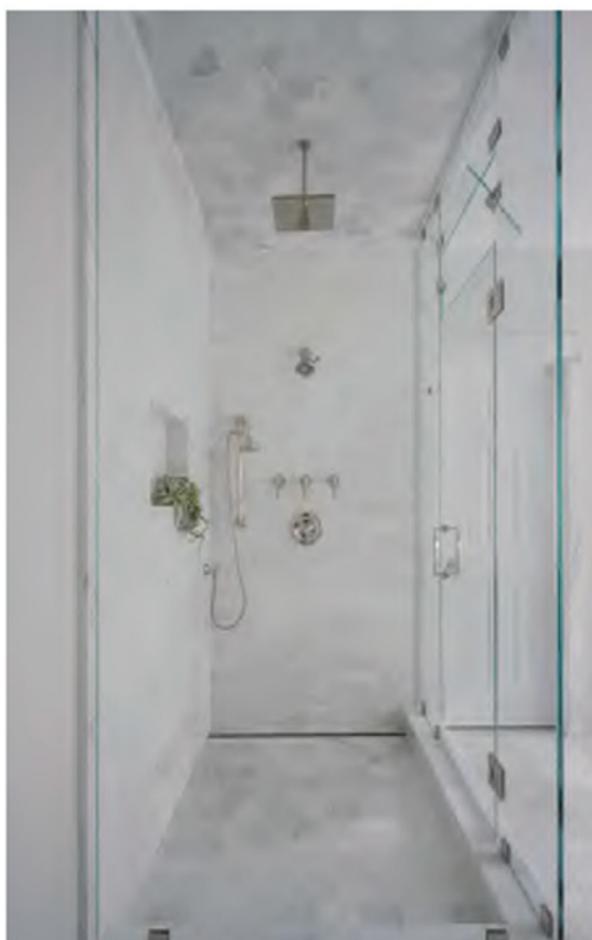




“A well-designed primary bath is more than just beautiful—it’s a sensory experience. Engaging all five senses creates a space of relaxation, comfort, and quiet luxury. Sight is guided by soothing color palettes and natural textures that visually relax the body and mind. Thoughtfully integrated natural light plays a key role—morning sunlight combined with brighter whiter light will gently energize and support circadian rhythms, while dimmable, ambient lighting in the evening helps the body wind down.



Sound can be softened through well-planned acoustics, soft-touch drawers and doors, and layered with the soothing sound of a shower or running a bath. Taste can join the mix with fruit or infused waters (or wine!) nearby—or an adjacent coffee bar can elevate the spa-like experience. Scent plays a pivotal role too—whether from fresh eucalyptus, aromatics, or a signature candle, it sets the tone as one enters the room. Touch comes through the use of natural stone, the warmth of radiant floors underfoot, and plush bath linens—bringing the private spa retreat experience into your daily routine.

– Beth Krupa, ASID Allied, GREEN AP, Greenwich, CT